



# LET'S BE PREPARED FOR NATURAL DISASTERS



## ALWAYS HAVE THE 72 HOUR EMERGENCY KIT READY

Store safe  
drinking water



Non-perishable food



First Aid Kit



Battery powered radio



Batteries, lighter and  
flashlight



Face masks



Important documents





# PROTECT YOURSELF AND YOUR FAMILY IN THE EVACUATION CENTRE

Practice good hygiene



Ensure that your family  
are vaccinated



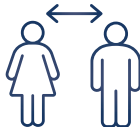
Always wear a mask



Stay Informed



Keep safe  
physical distance



Always prepare your 72  
hour emergency kit



## FOOD & WATER SAFETY HYGIENE

Wash your hands before  
eating, after visiting toilets.



Wash fruits & vegetables  
before eating & cooking



Ensure food is well cooked  
before eating



Store food in clean  
containers



Store water in clean  
& tight containers



Boil drinking water



Prevent insects & flies from  
contaminating your food



Keep windows & doors open  
for better ventilation



## REMEMBER THESE EMERGENCY CONTACTS

NEMO 26340 | TOLL FREE NUMBER 08006366